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Your name:

Eyes: Blue/Green

Hair: Blonde/White

Height: 5'7"

Build: Slim

Full Driving License: Yes

Showreel URL:

Short Bio

Helena trained under Deirdre O'Connell in The Stanislavsky Studio in Focus Theatre Dublin and performed there over a ten year period.

Most recent roles include Lu in the improvised show "Three Women from the Moon", directed by Joerg Andrees, (Michael Chekhov Studio, Berlin).

Mrs. Gillespie in "Heaven's Lost" in Belgrade Theatre Coventry and Caliban in 'The Tempest' for Roy Hart Theatre Malerargues, France.

In recent years, she has concentrated on directing where she divides her time between London and Dublin.

Most recently directing "I See You", with Amy De Bhrún and Roxanna Nic Liam in Theatre Upstairs.

She is a Grandmother of 8 and a mother of 5 girls.

Special Skills

Accents

Yoga

Physical Theatre

Role Play

Teaching

Previous Acting Experience

Production	Role	Director	Production Company	Type/Channel
3 Women from the Moon	Lu	Joerg Andrees	Solas Theatre Co	Theatre
Something Unspoken	Cornelia	Fiona Browne	The International	Theatre
The Last Right	Landlord	Aoife Crehan	Deadpan Pictures	Feature Film
The Sunday Show	Bono's Teacher		BBC2	TV
A Midsummer Nights Dream	Puck	Tara Derrington	GSA	Theatre

The Ann Curtis Agency

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